

An Order for Holy Communion

The Greeting

God is spirit;
Let us worship him in spirit and truth.

The Lord is with us
Let us praise his name together.

Hymn

Prayer of Preparation

Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Prayers of Confession

The grace of God has dawned upon the world
with healing for all. Let us come to him, in sorrow
for our sins, seeking healing and salvation.

Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness, through
our own deliberate fault.

We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past;
and grant that we may serve you in newness
of life to the glory of your name. Amen.

May the God of love and power
forgive *us* and free *us* from *our* sins,
Heal and strengthen *us* by his Spirit,
And raise *us* to new life in Christ our Lord.
Amen.

The Collect

Readings

*One or two readings from Scripture precede the
Gospel reading. At the end of each the reader
says:*

This is the word of the Lord.

Thanks be to God.

Gospel reading:

Hear the Gospel of our Lord Jesus Christ according
to

Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

The Creed

We believe in God, the Father almighty,
creator of heaven and earth.

We believe in Jesus Christ,
his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.

We believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.

Prayers of Intercession

Lord in your mercy: **Hear our prayer.**

or

Lord, hear us: **Lord, graciously hear us.**

And at the end:

Lord of the Church,
hear our prayer,

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**and make us one in heart and mind
to serve you with joy for ever. Amen.**

The Peace

Christ came and proclaimed the gospel:
peace to those who are far off
and peace to those who are near.

The peace of the Lord be always with you
and also with you.

Hymn

The Eucharistic Prayer

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
at all times and in all places to give you thanks and
praise, holy Father, heavenly King, almighty and
eternal God through Jesus Christ your Son our
Lord.

For he is your living Word; through him you have
created all things from the beginning, and formed
us in your own image. Through him you have
freed us from the slavery of sin, giving him to be
born of a woman and to die upon the cross; you
raised him from the dead and exalted him to your
right hand on high. Through him you have sent
upon us your holy and life-giving Spirit, and made
us a people for your own possession.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

**Holy, holy, holy is the Lord,
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father, through your
Son our Saviour Jesus Christ, and as we follow his
example and obey his command, grant that by the
power of your Holy Spirit these gifts of bread and
wine may be to us his body and his blood;

who in the same night that he was betrayed, took
bread and gave you thanks; he broke it and gave it
to his disciples, saying: Take, eat; this is my body
which is given for you; do this in remembrance of
me.

In the same way, after supper he took the cup and
gave you thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new
covenant which is shed for you and for many for
the forgiveness of sins. Do this, as often as you
drink it, in remembrance of me.

Therefore heavenly Father, we remember his
offering of himself made once for all upon the
cross; we proclaim his mighty resurrection and
glorious ascension; we look for the coming of your
kingdom, and with this bread and this cup we
make the memorial of Christ your Son our Lord.

**Christ has died. Christ is risen. Christ will come
again.**

Accept through him, our great high priest, this our
sacrifice of thanks and praise, and as we eat and
drink these holy gifts in the presence of your
divine majesty, renew us by your Spirit, inspire us
with your love and unite us in the body of your
Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the
unity of the Holy Spirit, with all who stand before
you in earth and heaven, we worship you, Father
almighty, in songs of everlasting praise:

**Blessing and honour and glory and power be yours
for ever and ever. Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

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Give us this day our daily bread.
And forgive us our trespasses
as we forgive those
who trespass against us.
Lead us not into temptation
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever.
Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

A prayer for spiritual communion

Lord Jesus, we believe that you are present in the
Most Holy Sacrament. We love you above all
things, and we desire to receive you into our souls.
For those of us that cannot at this moment receive
you sacramentally, come spiritually into our hearts.
May we embrace You as if You were already there
and unite ourselves wholly to you. Never permit us
to be separated from you. Amen.

Prayer after Communion

Fill us, good Lord, with your Spirit of love;
and as you have fed us with the one bread of
heaven, so make us one in heart and mind, in Jesus
Christ our Lord. Amen

Blessing

Dismissal

Let us go in peace to love and serve the Lord.
In the name of Christ. Amen.