

## Lent Order of Service

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you **and also with you.**

Hymn –

### Prayer of Preparation

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

### Prayers of Penitence

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets. **Amen. Lord, have mercy.**

### Invitation to Confession

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Let us confess our sins, remembering before God the times when we have fallen from temptation into sin.

We confess to you our selfishness and lack of love: fill us with your Spirit.  
Lord, have mercy: **Lord, have mercy.**

We confess to you our fear and failure in sharing our faith: fill us with your Spirit.  
Christ, have mercy: **Christ, have mercy.**

We confess to you our stubbornness and lack of trust: fill us with your Spirit.  
Lord, have mercy: **Lord, have mercy.**

Almighty God, who forgives all who truly repent, have mercy upon you/us, pardon and deliver you/us from all your sins, confirm and strengthen you/us in all goodness, and keep you/us in life eternal; through Jesus Christ our Lord. **Amen.**

### Collect

### First Reading

### The Gospel

Hear the Gospel of our Lord Jesus Christ according to N: **Glory to you, O Lord.**

This is the Gospel of the Lord: **Praise to you, O Christ.**

### Sermon

### The Creed

**We believe in God, the Father almighty, creator of heaven and earth.**  
**We believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**  
**We believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

### *Prayers of Intercession*

Lord of the Church,  
**hear our prayer, and make us one in heart and mind to serve you with joy for ever. Amen.**

### *The Peace*

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

**Hymn:**

### **The Eucharistic Prayer**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right, it is our duty and our joy,  
at all times and in all places to give you thanks  
and praise, holy Father, heavenly King,  
almighty and eternal God through Jesus Christ  
your Son our Lord.

And now we give you thanks  
because you give us the spirit of discipline,  
that we may triumph over evil and grow in  
grace, as we prepare to celebrate the paschal  
mystery with mind and heart renewed.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

**Holy, holy, holy Lord, God of power and  
might. Heaven and earth are full of your  
glory. Hosanna in the highest.  
Blessed is he who comes in the name of the  
Lord. Hosanna in the highest.**

Accept our praises, heavenly Father, through  
your Son our Saviour Jesus Christ, and as we  
follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine may be to us his  
body and his blood;

who in the same night that he was betrayed,  
took bread and gave you thanks; he broke it  
and gave it to his disciples, saying: Take, eat;  
this is my body which is given for you; do this  
in remembrance of me.

In the same way, after supper he took the cup  
and gave you thanks; he gave it to them,  
saying: Drink this, all of you; this is my blood of  
the new covenant which is shed for you and for

many for the forgiveness of sins. Do this, as  
often as you drink it, in remembrance of me.

Therefore heavenly Father, we remember his  
offering of himself made once for all upon the  
cross; we proclaim his mighty resurrection and  
glorious ascension; we look for the coming of  
your kingdom, and with this bread and this cup  
we make the memorial of Christ your Son our  
Lord.

**Lord, by your cross and resurrection  
you have set us free.**

**You are the Saviour of the world.**

Accept through him, our great high priest, this  
our sacrifice of thanks and praise, and as we  
eat and drink these holy gifts in the presence  
of your divine majesty, renew us by your Spirit,  
inspire us with your love and unite us in the  
body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the  
unity of the Holy Spirit, with all who stand  
before you in earth and heaven, we worship  
you, Father almighty, in songs of everlasting  
praise:

**Blessing and honour and glory and power be  
yours for ever and ever. Amen.**

### **The Lord's Prayer**

*Trusting in the compassion Of God, let us pray  
with confidence as our Saviour has taught us*

**Our Father who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
Lead us not into temptation  
but deliver us from evil.  
For thine is the kingdom, the power, and the  
glory, for ever and ever. Amen.**

### **Breaking of the Bread**

We break this bread to share in the body of  
Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

The body and blood of Christ keep you in  
eternal life: **Amen**

**A Prayer for Spiritual Communion** – we say together

**Lord Jesus, we believe that you are present in the Most Holy Sacrament. We love you above all things, and we desire to receive you into our souls. For those of us that cannot at this moment receive you sacramentally, come spiritually into our hearts. May we embrace You as if You were already there and unite ourselves wholly to you. Never permit us to be separated from you. Amen.**

**Anthem:**

**Prayer after Communion**

**Fill us, good Lord, with your Spirit of love; and as you have fed us with the one bread of heaven, so make us one in heart and mind, in Jesus Christ our Lord. Amen**

**Blessing**

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him;  
and the blessing ...

Let us go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**