

DON'T GO HUNGRY!

As the economic crisis continues to bite, more people are finding that they are really struggling to make ends meet. We are doing what we can to help.

Thank you

to those churches who donated to the Foodbank in their Harvest services – Bicester Foodbank is experiencing a period of unprecedented demand on its services, and the gifts were very warmly received.

Foodbank Donation Points

can be found In the church porches in Cottisford, Finmere, Fringford, Hethe, Stoke Lyne and Stratton Audley. If you can, please support these with your donations of tinned and dried goods, toiletries, and so on. Urgently needed are tinned tomatoes, tinned fish, rice pudding, tinned meat, tinned fruit, and juice / squash. (They have plenty of cereal and pasta)

If you need to, you are very welcome to take whatever you need from the donation point, and any leftovers will be taken to the Bicester Foodbank on a regular basis.

Local referrers

can refer you to the Bicester Foodbank. They will need a few basic details from you, and then will be able to give you a referral number. You can then go into the Beacon in Bicester and collect a bag of food to keep you going for a few days, or you can phone them and they will be able to drop off a bag to you.

The local referrers are:

Cottisford and Hardwick: David Barnes, Honeysuckle Cottage, 11 Hardwick, Hardwick.

01869 277690 david.l.barnes@outlook.com

Finmere: Michelle Myers, 4 White Houses, Mere Road, Finmere

07927 393657 michelle.myers@hotmail.co.uk

Fringford: Penny Wood, 8 Crosslands, Fringford,

01869 277310 penelope.wood@btopenworld.com

Hethe: Helen Wood, Old Montague Barn, The Green, Hethe.

01869 278943 / 07999 853347 helenelizawood@hotmail.com

Stoke Lyne: Kelly Holden White, 6 The Close, Stoke Lyne,

Kholdenwhite@aol.com 07557108067

At the moment, for **Mixbury, Newton Purcell or Stratton Audley**, contact me

Alice Goodall, The Rectory, Finmere.

01280 848192 alicegoodall313@gmail.com

Bicester Foodbank

The Beacon is situated in Wesley Lane, Bicester OX26 6JU (off Sheep Street – not the Market Square end but the other end!). As well as the bag of dried goods, you may be able to collect some fruit and vegetables and a meat voucher. Someone from Citizen's Advice is there on a Tuesday from 10 – 12 am, and there is a wellbeing café on Tuesday and Thursday afternoons, 1 – 4 pm.

Together we can get through this!

